

## Round the World Challenge – FAQs

### Who is the round the world challenge for?

The Round the World Challenge (RTWC) is for People with Learning Disabilities (PWLD) from our local groups, services and external organisations. We look to target those who are inactive but you can still take part if you are already active. Staff and volunteers can also get involved.

### What age is it for?

The RTWC caters for all ages and abilities. Our youngest participant has been 11 years old and our oldest 83 years old.

### What activities can you do?

Any form of physical activity or sport can help you complete the challenge and you can do this in a group or on your own at any time, any place. Unfortunately, activity like gardening does not count.

### Where can the activities take place?

The activities can take place within your own setting or within the local community.

### What routes are available?

You can choose from 3 different routes; **UK route** = 20 hours, **Europe route** = 40 hours and **World route** = 100 hours.

### How long does it take to complete?

We will be working with you over a 2-year period and the challenge can take anywhere from 9 months – 18 months to complete. Participants can do more than 1 route and we would advise that they start with the UK.

### Is there funding available?

We have received funding from Sport England to support participants to get active. Funding can be used towards facility hire, coaching/instructor fees, buying equipment, paying to attend external sessions, volunteer expenses and transport (where necessary).

### What M&E will be required?

We are creating an online portal for the RTWC meaning all data will be entered online. Each participant will need to complete a registration form at the start and an evaluation form at the end. Throughout the project, the participant hours will need to be inputted each month. Case studies will also be collected throughout.

### What do participants receive from taking part in the RTWC?

All participants will receive regular rewards throughout the challenge via the online portal. Each hub will also have the option to buy [resources](#) for their participants and this will include the following:

- T-shirt, passports, postcards, certificate & A1 route maps (for display)

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### What other opportunities are available to participants?

Additional to taking part in the RTWC, participants will have the opportunity to engage in the following:

- **Volunteering** – these will be internal or external opportunities in the local community. The volunteering pathways and support available from the volunteering team can be found here (link to follow shortly).
- **Sports leadership training/qualifications** - funding will be available to support the costs associated with these and examples of the type of training available to participants can be found [here](#).
- **Employment** – participants will be able to engage with the employment programmes available through our Lifestyles and Work team. The pathway for participants can be found here (link to follow shortly).