

Emotional health and wellbeing services

Quality assurance framework to support schools summary



A CHILD AND ADOLESCENT
MENTAL HEALTH SERVICE

1 Introduction

This framework is intended to support schools located in the Pennine Care NHS Foundation Trust (PCFT) Healthy Young Minds (HYM) footprint in the commissioning of safe and effective emotional health and wellbeing (EHWB) services. It provides commissioning guidance to ensure that any emotional and mental health interventions provided in schools are:

1. Safe and effective;
2. Provided by appropriately qualified and experienced practitioners; and
3. Delivered to ensure value for money and minimise risk to the schools.

2 Who it is for?

The framework is a resource for people who carry out the commissioning of EHWB services in schools, in particular head teachers, school leaders, senior leadership teams, pastoral leads and inclusion managers.

3 Scope of the framework

It is assumed that a supportive whole school approach will already be in place in most schools. In addition many schools will also be working actively with local public health, education support services and with local partnerships to implement new guidance on early intervention and prevention.

This framework draws on the recent non-statutory Department for Education (DfE) guidance and other sources of knowledge and expertise in relation to the evidence base. It aims to guide school leaders in the task of commissioning targeted support, and meeting Ofsted requirements. In this regard, the framework provides expert guidance in three areas:

1. Identifying emotional and mental health needs in school and monitoring service impact;
2. The evidence base for targeted interventions; and
3. Quality assurance in relation to commissioning targeted support.

The framework has been developed in consultation with EHWB leads in local partnerships. There are a wide range of local initiatives across the footprint as part of local NHS clinical commissioning groups (CCGs) local transformation plans (LTPs). This links to national initiatives that aim to better connect mental health services for children and young people (CYP) with schools.

The intention is that this framework augments the work taking place locally and acts as a resource that can be useful to schools across the PCFT footprint.

4 Overview of the framework content

Sections 1-3 provide the background to the framework, the target audiences, and the purpose.

Sections 4-5 outline how it can help with Ofsted, and the fit with recent national guidance on commissioning EHWP services in school.

Sections 6-8 consider the fit with local planning arrangements, why EHWP is so important, and where to go for local advice on commissioned services.

Sections 9-10 explore what schools can do to prevent emotional and mental health problems, and things to bear in mind when thinking about commissioning mental health support.

Section 11 offers advice to support commissioning of safe and effective services.

Section 12 covers how to assess the needs of students and the impact of interventions to improve well-being.

Sections 13-14 provide information about 'what works' when thinking about commissioning an intervention, and where to find interventions that 'work'.

Section 15 outlines how to ensure that commissioned services are of good quality and having real impact.

Section 16 offers further resources and sources of support.

The full version of the framework that contains more in depth details can be downloaded at

http://healthyyoungmindspennine.nhs.uk/media/1024/qaframework_191016_fv.pdf

If you have any queries please contact Andy Howard, HYM Programme Manager at andy.howard@nhs.net or the HYM Operational Manager for your borough - details as follows.

Bury kim.marshall1@nhs.net

Heywood, Middleton and Rochdale (HMR) julie.jakeman@nhs.net

Oldham joanneneedham@nhs.net

Tameside and Glossop (T&G) tony.ryan4@nhs.net

Stockport jenniferwillbourn@nhs.net

To find out about EHWP services in your borough, refer to the Healthy Young Minds (HYM) website at <http://healthyyoungmindspennine.nhs.uk/>

Date of publication: 1st November 2016