## **GROUND RULES**

1)	Everyone around the table is equal.
2)	Everyone has the right to speak and be listened to.
3)	Participants opinions will be respected.
4)	Only one person will speak at anyone time.
5)	Plain Language will be used – avoid use of jargon and abbreviations.
6)	No one will use discriminatory language.
7)	Anyone can ask for a break at anytime.
8)	Everything which is discussed is confidential.
9)	Mobile Phones – please turn off or make silent.