Chadderton Hall Park and Foxdenton Park

Welcome to Chadderton Hall Park and Foxdenton Park

This list is one of a series that describes some easy walks around some of Oldham’s fantastic parks and countryside areas. They are designed to show you routes that can be followed until you get to know the areas and can explore some of the other routes and places within the parks.

Chadderton Hall Park

The park was opened on 10 May 1956 and is located on the former site of Chadderton Hall. Purchased for the council in 1955, the 4.67 hectare park has links to Tandle Hill Country Park, Inkg Valley and Rochdale Canal.

Facilities include a children’s play area, tennis courts, multi games area, picnic site, woodland walkway and an ornamental duck pond.

Chadderton Hall Park is located on Chadderton Hall Road and can be reached using the number 415 bus from either Middleton or Oldham bus stations. The closest Metrolink stop is Freehold. 

During the turbulent times of the Civil Wars, when the Cavaliers were very vulnerable, it would have been expedient to have a quick means of escape, and it was widely rumoured to have a tunnel from Chadderton to Chadderton Hall. This was never proved except when Chadderton Council were renovating the Hall in 1983 they found a large block of bricks under the outer stone terrace. Albert Halliday claims to have found evidence of the tunnel through the use of a ‘tunnelor’ a sophisticated piece of equipment that supposedly detected the tunnel for over 200 ft before it was blocked by a brick wall.

In recent times the Hall has been used for various private functions. In October 1989 the Cappio Historical Dance Music Group presented ‘A Barogue Extravaganza’. It was presented complete with period costumes and instruments, dancing minuet, suites and date from a hundred years ago when a newspaper adverted for 20ft before it was blocked by a brick wall.

How to get there

Foxdenton Park

Foxdenton Park is an oasis away from the hustle and bustle of modern day Chadderton. The seat in the crow is a 1620 hall, which is encompassed by landscaped gardens and an ornamental duck pond.

The park facilities include two bowling greens, a bowls pavilion, two football pitches, a netball court, a woodland walk and a sensory garden.

Foxdenton was once the home of the Radcliffs, who had lived in Foxdenton Hall. It died in 1953 and brought to an end the long line of his country at the Battle of Edgehill in 1642. It was to be a great loss to the city of Oldham. William Radcliffe, the “Foxdenton Heritage” started in the early 1400’s when Elizabeth Radcliffe married her cousin Robert Radcliffe. They built the Foxdenton Hall as their home. William Radcliffe, the “Foxdenton Heritage” Hall was first built in 1620 also described as being a “Pleasure Garden”. These features including a kangaroo and a lion, were established as part of a “Pleasure Garden”. These features including a kangaroo and a lion, were established as part of a “Pleasure Garden”. These features including a kangaroo and a lion, were established as part of a “Pleasure Garden”. These features including a kangaroo and a lion, were established as part of a “Pleasure Garden”. These features including a kangaroo and a lion, were established as part of a “Pleasure Garden”. These features including a kangaroo and a lion, were established as part of a “Pleasure Garden”. These features including a kangaroo and a lion, were established as part of a “Pleasure Garden”.

How to get there

Walking

Walking good for you because it can:
Make you feel good
Give you more energy
Reduce stress and help you sleep better
Keep your heart “strong” and reduce blood pressure
Help to manage your weight
The current recommendation for physical activity is just 30 minutes a day of moderate activity, such as brisk walking. That’s all it takes to feel the difference. You don’t have to do them all in one go to start with, you could walk for ten minutes, three times a day or 15 minutes twice a day at first. The most important thing is that you start where you are and build up gradually. ‘Brisk’ walking means that you breathe a little faster, feel warmer and have a slightly faster heart beat. There are many ways in which you can build walking into your life, whether it’s getting off the bus a stop earlier, walking the children to school or taking the stairs instead of the lift.

It’s easy to make walking a habit that will benefit your health!

What should I wear?

• A good pair of shoes is the only equipment required – any shoes that are comfortable, provide good support and grip and don’t cause blisters.
• Loose fitting clothing allows you to move more freely. Wear thin layers rather than heavy, chunky clothing.
• It’s a hot day, take a bottle of water, a sun hat and sun cream and don’t forget the weather around Oldham can be very changeable so a waterproof coat is a good precaution.

Oldham Council and Oldham Community Leisure are working together to help you take the next step and Walk in Run. Running and Jogging is the natural progression from walking. Begin with brisk walking and build up to regular running.

The only difference between walking, jogging and running is intensity and regular jogging/running is the natural progression to maintaining an active lifestyle and offers many health benefits including:
• Building strong bones, (as it is a weight bearing exercise)
• Strengthening muscles
• Improving cardiovascular fitness
• Burning plenty of calories
• Helping you to maintain a healthy weight

If you would like to know more about the Walk to Run initiative contact the Oldham Council team on the email address below.

Alexandra Park, King Road, Oldham Council Environmental Services
Oldham Council Team on the email address below.

T: 0161 770 4067
E: environmentalservices@oldham.gov.uk

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Let's go for a walk

Chadderton Hall Park

**green walk**
Chadderton Hall Park – beginners: A lap of Chadderton Hall Park (1.29km)
Can be flexible and extend slightly dependant on walkers ability.
Number of steps: 1890
Calories burnt: 66
Time: 20 mins approx
Distance: 1.29km approx

**blue walk**
Foxdenton Park – intermediate:
Start with a lap of Foxdenton Park (1.06km),
walk this canal (2.63km), into Chadderton Hall Park
(To the Pavillion – but not a lap) and return to
Foxdenton Park down the canal (2.63km).
Number of steps: 9292
Calories burnt: 235
Time: 1 hour 15 minutes
Distance: 6.32km approx

**orange walk**
Chadderton Hall Park and Foxdenton Park - advanced:
If you fancy a challenge, then why not have a go
at the combined walk from Chadderton Hall Park
to Foxdenton Park...
Start with a lap of Chadderton Hall Park (1.29km), walk the
canal (2.63km), into Foxdenton Park and do a lap (1.06km),
wake back down the canal (2.63km), and do another lap
of Chadderton Hall Park (1.29km). The last lap could be
optional dependant on the walkers ability.
Number of steps: 13,072
Calories burnt: 367
Time: 1 hour 55 minutes
Distance: 8.90km approx