Fact Sheet -3

How can I get a Personal Budget?

Step 1) A request for a Special Educational Needs and Disability Personal Budget can be made when the Local Authority has completed a statutory Education, Health and Care assessment and confirmed they will prepare an Education, Health, and Care (EHC) Plan.

- The right to request a Personal Budget also applies to those who are eligible for NHS Continuing Healthcare.

Personal Budgets should be seen as an integral part of the co-ordinated assessment for the Education, Health and Care planning process, with a clear focus on improving outcomes for children and young people with Special Educational Needs and Disability (SEND).

Step 2) Once a request has been agreed the child and family or young person will be supported by a named professional from either Education or Social Care who will work through the Resource Allocation System tool alongside the child and family or the young person. This will create a score that will equate to your child or the young person’s Indicative Budget Amount. A health personal budget request will require the family and a health professional to work together in completing the Continuing Care decision tool which will determine if the child or the young person is eligible and at what level.

Once the Education Health Care (EHC) assessment has been completed, the EHC Plan will be referred to the Panel, where at this stage, if approved the final budget allocation will be determined. If there has been an assessment and agreed allocated budget from Health or Social care, they will also form part of an integrated planning process,

*Budgets may be stand alone or part of a package.*
**Assessment for a Personal Health Budget**

If you are someone who would like a personal health budget for yourself or someone you care for, talk to your local NHS team who help you most often with your care - this might be a care manager, or your GP - and they will discuss personal health budgets with you. Even if a personal health budget is not right for you, you can talk to them about other ways to make sure that you get the healthcare and support that works best for you.

A Care Plan

Managing a personal Health Budget