It's My Review!

About my life

www.blace.me

The most important person at a review is -

YOU!

Reviews are about giving you the chance to say what you want to happen in your life.

My Name is:
Older people's review booklet

This is your form – fill it in how you want to.
If there is anything you are not sure about – ask someone for help.

Do you want to go to your review?

Yes ☐ No ☐

If No, tell us why here:

When will my review be?

What days are good for me to have a review? (Tick which one)

Monday ☐ Tuesday ☐ Wednesday ☐ Thursday ☐ Friday ☐

What time of the day is better for me? (Tick which one)

Before school ☐ Dinner time ☐ After school ☐

Tea time ☐ After tea ☐
Where is my review going to be?

We want your review to be at a place where YOU feel safe and comfortable.

A place where you would like to have a review is:

Who’s going to be there?

Before your review you need to talk to your social worker about who you do and don’t want to come. These people are there to listen to you and support you.

Who would you like to be there:

Is there anybody you don’t want there?
What could help me at my review?

What could help you to enjoy your review (playing your music, having snacks and drinks there, wearing certain clothes)

How can I take part in my review?

Do you want to meet people as they come in, tell them where to sit, do most of the talking?
Where I live now

What's important to you about where you live?

How do you feel about the people you live with?

Is there anything you would change about where you live now?

Is there anything else you want to say about where you live?
My family and friends

Who is important in your life?

Do you see all the people you want to see?  Yes  No

Is there anyone you want to see more often?

Is there anyone you don’t want to see anymore?

Who do you have contact with?

I see them:  too little  just right  too much

Name:  
Name:  
Name:  
Name:  
Name:  
Name:  
Name:  
Name:  

Do you have someone you can trust to talk to if you have any problems?
My Health

What sort of things do you do to keep healthy?

Is there anything else you could do?

Do you go to appointments that are about your health?

Have you recently been to the Doctor? 

Dentist? 

Optician?

Culture Religious Language needs

Are these being met? 

Yes 

No

Is there any food that you used to eat that you don’t eat now and you miss?

Different cultures wear different clothes. Do you get the chance to wear the clothes of your culture? 

Yes 

No

Tell us on what occasion you would like to wear these clothes.
What I like doing

What sort of things do you like doing (tell us here about any activities or hobbies you do):

Is there anything new that you'd like to try?

My Education

What kind of education are you in (this could be school, college, work placement)?

Are you happy going there (tell us why)?

How can things be made better?
My Education continued...

How do you get there: (Tick one)

- Bus
- Walk
- Taxi
- Bicycle
- Train
- Car

How long does it take to get there?

- 0-30 minutes
- 30 minutes to an hour
- Over an hour

What would you like to do when you leave school /college /work placement?

What do you really want to learn about?

Bullying

Are you being bullied: Yes

No

Where you live:

- In school/college
- Anywhere else?

Are you worried about anyone else being bullied?
My life and how I feel about it

How are things going for you at the moment?

What are your dreams for the future?

What do you want to talk about at your review?

Have you seen a copy of the complaints leaflets?

Yes ☑ No ☐
And finally...

Do you want to take an advocate with you to your review? (someone to speak up on your behalf?)

Yes ☐  No ☐

When did you last see your social worker?

6 weeks ☐  3 months ☐  6 months ☐

Have you seen your care plan?

Yes ☐  No ☐

Did your carer help you to fill in this booklet?

Yes ☐  No ☐

Are there any parts of your review booklet that you don’t want to share with the people at your review?

Yes ☐  No ☐

If yes, tell us which parts you don’t want to share.

When my review is over

Two weeks after you should get a letter with all the important stuff talked about in your review to help you remember what was said and what’s going to happen next. If you don’t get this you need to ask your social worker for it.