

## Information for carers

This fact sheet can be made available in other languages or formats on request by contacting 0161 770 6666. For further information please see our detailed fact sheet **Information for all**.

### Are you a carer?

Carers look after family, partners or friends in need of help because they are ill, frail or have a disability. The care they provide is unpaid. A carer can provide support to people in a number of ways. For instance:

If you look after a friend or relative who needs support because of old age, a physical, sensory or learning disability, mental illness or ill health.

- You are a parent of a child with a disability.
- You are under 18 and look after a parent, brother, sister or grandparent who needs support.
- You do not have to live with the person you care for and there may be others helping you care.

### How can we help?

Help and support for you can come in many forms. The person you care for may already be receiving services, but you are entitled to support in your own right.

In order to determine how best to help and support you, a Care Manager will give you a Carer's Assessment.

There are a variety of services available including:

- Advice and information.
- Short breaks and respite.
- Additional services to the person you care for.
- Signposting to voluntary and health services.
- Introduction to support groups.

## What is a carer's assessment?

Under the Carers and Disabled Children Act 2000, an assessment of need can be carried out at your request. The assessment will determine:

- Whether you are eligible for support
- Your own support needs to help you in your caring role and help you maintain your own health and wellbeing
- If your needs can be met by Oldham Council social care services or other services

You can request an assessment even if the person you care for has refused a community care assessment.

## What happens after an assessment?

After the assessment the Care Manager will plan with you the kind of services, which will be provided. The Care Manager will tell you what will be provided, when and how often and leave a copy of the Care Plan with you. Your case will be reviewed on an annual basis, more often if required.

## How to contact us

If you or the person who looks after you is in need of a service you should contact the appropriate Oldham Council social care office. Offices are open each weekday from 8.40am to 5pm.

### **If you or the person you care for is an older person, an adult with a learning disability, physical or sensory disability, or a vulnerable adult contact:**

The Adult Duty and Intervention Service  
The Link Centre  
140 Union Street  
Oldham OL1 1DZ

Tel: 0161 770 1515  
Fax: 0161 770 1519  
Minicom; 0161 770 1520  
Email: [adis@oldham.gov.uk](mailto:adis@oldham.gov.uk)

The Adult Duty and Intervention Service is a new team replacing the existing duty and assessment teams in Older People, Learning Disability, Physical and Sensory Disability and Vulnerable Adult Services.

**If you or the person you care for is an adult with a mental health problem contact:**

Mental Health Services  
Initial Assessment and Intervention Service  
The Beeches  
5 Waterloo Street  
Oldham OL1 1SP  
Tel: 0161 909 8088  
Fax: 0161 909 8080

**For blue badges contact:**

Blue Badge Scheme  
Unit J Prince of Wales Ind. Unit  
Vulcan St  
Oldham  
OL1 4ER  
Phone: 0161 770 3806  
Fax: 0161 770 3808  
Email: [bluebadge@oldham.gov.uk](mailto:bluebadge@oldham.gov.uk)

**For general enquiries contact:**

Unit 10 Whitney Court  
Southlink Business Park  
Oldham OL4 1DB  
Tel: 0161 770 6532  
Fax: 0161 770 6681

**To contact Oldham Council social care services out of hours in the case of an emergency contact:**

The Emergency Duty Team  
Tel: 0161 770 6936  
Text: 07712 534937  
Fax: 0161 770 6734  
Email: [socs.edt@oldham.gov.uk](mailto:socs.edt@oldham.gov.uk)

### If you or the person you care for is a child or young person contact:

Children's Assessment Team  
Children Services  
Royton Town Hall  
Rochdale Road  
Royton  
Oldham OL2 6QJ  
Tel: 0161 770 3790/1  
Fax: 0161 770 3377  
Email: [cat-duty@oldham.gov.uk](mailto:cat-duty@oldham.gov.uk)

### Further information:

Listed below is some information on organisations that can give further advice or support to you.

Oldham Carers Centre  
The Link Centre  
Union Street  
Oldham  
OL1 1DZ  
Tel: 0161 770 1188  
Fax: 0161 770 4789  
Email: [carers.centre@oldham.gov.uk](mailto:carers.centre@oldham.gov.uk)  
Offer support, drop in, activities, federation

Oldham & District Carers  
(Local Branch of Carers UK)  
c/o Oldham Carers Centre  
The Link Centre  
Union Street  
Oldham  
OL1 1DZ  
Meet the first Tuesday of the Month at 1pm.

Oldham Young Carers  
Oldham Young Carers Project  
Positive Steps Oldham  
Medtia House  
80 Union Street  
Oldham OL1 1DT  
Tel. 621 9400  
E Mail: [laurataylor@positivestepsoldham.org.uk](mailto:laurataylor@positivestepsoldham.org.uk)

### Carers on the web

There are a number of valuable sources of information for carers on the Web.

Carers UK: [www.carersuk.org](http://www.carersuk.org)

Oldham Disability Alliance: [www.oda.org.uk](http://www.oda.org.uk)  
Department of Health: [www.carers.gov.uk](http://www.carers.gov.uk)  
The Princess Royal Trust for Carers: [www.carers.org](http://www.carers.org)

## Your right to a carer's assessment

As a carer you have the right to ask Oldham Council social care services to carry out a carer's assessment (this applies even if the person you care for is not receiving help from Oldham Council social care services). Your carer's assessment is your chance to talk about your needs and is your opportunity to tell us about the things that could make caring easier for you.

There are a variety of services available to carers following an assessment including; advice & information, short breaks and respite, additional services to the person you care for, signposting to voluntary and health services, introduction to support groups.

For more information contact

Oldham Carers Centre  
The Link Centre  
Union Street  
Oldham  
OL1 1DZ  
Tel: 0161 770 1188  
Fax: 0161 770 4789  
Email: [carers.centre@oldham.gov.uk](mailto:carers.centre@oldham.gov.uk)

## Contact

You can access fact sheets in a number of ways:

**Download:** [www.oldham.gov.uk](http://www.oldham.gov.uk)

**Tel:** 0161 770 6666

**Email:** [contact@oldham.gov.uk](mailto:contact@oldham.gov.uk)

**Write to:** Contact Oldham, PO Box 196,  
Civic Centre, West Street, Oldham OL1 1QJ

**Call in:** to any council office and requesting them